## Hemp and Sericulture

It seems that commercial crops such as hemp, and grains such as foxtail millet and buckwheat were cultivated in the fields. The harvested hemp went through several processes to become a commercial product. One of them is known as "hemp pulling," which peels the skin and removes excess epidermis. The remaining core was called ogara and was used for building materials for walls and roofs. Sericulture was also carried out, and it seems that it was a valuable source of income for farmers along with hemp.